

GUIDELINES FOR INTERNATIONAL COMPETITIONS SILVER, RECREATIONAL and BEGINNER Division 2019 Singles

No test requirements to enter in those divisions

A competitor can compete in only one single category per event.

A competitor can downgrade from a category any time if the age requirement is respected, with those exceptions :

- Being on an international championship podium or World Open in the previous category.

Any competitor who has reached in 2017 World Open a total element score (TES) or total score for 4th div, as below, will have to compete in the upgraded division.

SILVER		RECREATIONAL		BEGINNERS	
CATEGORY	Total Element score	CATEGORY	Total Element score	CATEGORY	Total score
Chiks	11	Benjamin	7,5	Benjamin	10
Cubs	13	Debs	8		
Novice A	13	Cadets	8	Cadets	14
Novice B	14,5	Novice	10		
Junior	17	Junior	13	Junior	14
Senior	20	Senior			
Adults	13	Adults	8	Adults	11

Page 1 General

Page 2 Silver

Page 8 Recreational

Page 10 Beginners

I. GENERAL for 2019

A- Judgement

The Technical Committee has agreed to use the new Ice GOE regulation with 11 grades (instead of 7) from -5 to +5

B- Jumps

1) Bonus

No Bonus for 2nd to 4th division.

2) Base Value

Extra base value is given to the those elements :

2A + 1 point

3T, 3S, 3Lo + 1 point

3F, 3Lz + 1,5 points

3) Euler

Euler in jump combination, between 2 other jumps, is a specific jump (no more 1Lo), written 1Eu, base value of 0,50 points

4) Jump sequence :

Any jump + single or double Axel, without any hop(s). From the exit edge of the first jump push directly to the take off edge of the single or double Axel. « A jump sequence consists of 2 (two) jumps of any number of revolutions, beginning with any listed jump, immediately followed by an Axel type jump with a direct step from the landing curve of the first jump to the take-off curve of the Axel jump. »

5) Under rotated jumps

From ¼ missing (not any more « more than ¼ ») and less than ½

C) Spins

a) Heel spins

Heel spin is already a feature : counted if executed for one(1) full rotation (instead of 2 rotations) in any basic position.

b) Change foot spins

All Change foot spins in Free Skating : if no 2 rotations on 1 foot, we put « V » sign (level 2 max).

D) Divers

No restrictions per club to enter as many skaters per categories.

II- SILVER Division (2nd Division)

NO SHORT PROGRAM

As much as possible the IJS judging system must be used for the Silver Division but in special case it is possible to ask for the WIFSA agreement to use a lighter judging system in accordance with WIFSA regulations.

Category (birth dates)	Age requirement	FREE PROGRAM
CHICKS (POUSSIN)	Has not reached the age of 9 at 1/11/ preceding the event	Girls and Boys: 2'00" Maximum
CUBS (AVENIR)	Has reached the age of 9 , but not reached the age of 11 at 1/11/ preceding the event	Girls and Boys: 2'30" Maximum
NOVICE A (Basic)	Has reached the age of 10, but not reached the age of 13 at 1/11/ preceding the event	Girls and Boys: 2'30" Maximum
NOVICE B (Intermediate)	Has reached the age of 13, but not reached the age of 15 at 1/11/ preceding the event	Girls and Boys: 3'00" Maximum
JUNIOR	Has reached the age of 12 , but not reached the age of 19 at 01/11 / preceding the event	Girls and Boys: 3'15" Maximum
SENIOR	Has reached the age of 15 at 1/11/ preceding the event	Girls and Boys: 3'30" Maximum

ADULT COMPETITIONS

ADULTS SILVER A & B	
Group A : Over 16 years and less 30years at 1/11 preceding the event Group B : Over 30 years and over at 1/11 preceding the event	Ladies and Men: 2'15" (+/- 10")

The organizer decides on the disciplines and subgroups to be included in the event. The Member/Club entering skater(s)/team(s) will decide on the subgroup their athletes will participate.

A SILVER Free Skating program must contain:

The required number of revolution in all spins is in basic position/required position(s)

A- The Choreographic Sequence (ChSq)

An important choreographic and creative part of the program **started by a gliding element**.

Must cover the whole floor surface and **the end must be clearly visible**.

Listed elements from the scale of value are forbidden but any « look like » listed jumps of 1,5 rotation maximum or choreographic spins will not be called.

Evaluated by 5 levels of difficulty and GOE -5/+5

(No feature for level Base, 1 for level 1, 2 for level 2, 3 for level 3, 4 for level 4)

a) Must include :

- Total length is a **minimum** of Fifteen (15) seconds for all categories,
- A minimum of **Two (2)** *Different Gliding Positions (any kind) hold a minimum of Three (3) seconds each.
- One choreographic jump of 1,5 rotation maximum
- Linking choreographic skating elements

(*Different means other position and/or foot and/or edge and/or direction)

Taken in consideration by the judges for the GOE :

- Strong choreography
- Match to the music
- Deep edges and speed
- Quality of the gliding positions, choreo jump(s) and 1 foot section.

Choreographic Sequence Features

1	• At least one of the two position is hold a minimum of six(6) seconds and at least one of the two position is on One(1) foot.
2	• Three(3) creative jumps up to 1,5 rotation maximum (creative take off, air position or landing, ...) like but not limited to : forward axel, walley, split jump, butterfly, masurka, etc... Those jumps must be clearly visible (not a hop). At least one must be with different take off and one must be at least 1 full rotation (this can be made in the same jump),
3	• No cross overs : Gliding positions, choreo jump(s) and skating elements must not be connected through regular forward or backward crossovers (speed gained only through edges, any steps, turns listed or not). From the first Gliding position to the next listed element (conclude the ChSq) or, if the ChSq is the last element, until the end of the program (stop of skating). Only 1 cross over is permitted. * <u>Cross over definition</u> : basic stroking technique for gaining momentum while skating along a curve or a circle. In 3 parts as one push of the first foot, crossing that foot over the other one (forward skating) or behind the other one (backward skating) and the second push from the second foot with the legs crossed.
4	• One foot section : one section executed on one(1) foot of a minimum of ½ rink surface (min. 15 meters length) in accordance to the music and conclude by a choreo jump. Any shape is allowed. Example : succession of deep edges with forward, backward and multi rotational skating with movements of the head, arms, torso, free leg, skating leg. Must be executed on the same leg with no weight transfer on the other foot.

B- Requirements

Categories	Contents
CHICKS 2' max	<p>a) Maximum of 4 jump elements for Girls and Boys. No double jumps allowed. There may be up to <u>one(1)</u> jump combinations or sequences. A jump combination can contain only two (2) jumps. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.</p> <p>b) There must be a maximum of two (2) spins of a different nature (abbreviation), minimum of <u>three (3)</u> revolutions per foot in basic positions, Change of foot allowed, flying entrance is not allowed.</p> <p>c) There must be a maximum : - One (1) step sequence. Jumps and spins forbidden.</p> <p>d) There must be : - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p>

	<p>The 3 Program Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Performance • <u>Interpretation</u> <p>The Factor of the Program Components is 1.2 Deduction : 0,5 by Fall by Technical Panel</p>
<p>CUBS 2'30 max</p>	<p>a) Maximum of 4 jump elements for Girls and Boys. No double jumps allowed. There may be up to <u>one(1)</u> jump combinations or sequences. A jump combination can contain only two (2) jumps. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.</p> <p>b) There must be a maximum of two (2) spins as required below, change of foot is allowed, flying entrance is not allowed :</p> <ul style="list-style-type: none"> • One of which must be a spin combination with all three (3) basic positions. • And one spin in only one basic position (with no change of position). <p>Change of foot is optional, Flying entry forbidden and there must be <u>three (3)</u> revolutions per foot in the required positions.</p> <p>c) There must be a maximum : - One (1) step sequence, Jumps and spins forbidden.</p> <p>d) There must be : - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Performance • Interpretation <p>The Factor of the Program Components is 1.2 Deduction : 0,5 by Fall by Technical Panel</p>
<p>BASIC NOVICE A 2'30 max</p>	<p>a) Maximum of four(4) jump elements for Girls and Boys. One of which must be an Axel type jump. 2Lo, 2F and 2Lz forbidden. There may be up to two (2) jump combinations or sequences. A jump combination can contain only two (2) jumps. Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.</p> <p>b) There must be a maximum of two (2) spins as required below, change of foot is allowed,:</p> <ul style="list-style-type: none"> • One of which must be a spin combination with all three (3) basic positions. • And one spin in only one basic position <p>Change of foot and flying entry are optional and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum : - One (1) step sequence with fully utilizing the surface.</p> <p>d) There must be : - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Performance • Interpretation <p>The Factor of the Program Components is 1.4 Deduction : 0,5 by Fall by Technical Panel</p>
<p>NOVICE B 3' max</p>	<p>a) Maximum of five (5) jump elements for Ladies and Men, One of which must be an Axel type jump. 2Lo, 2F and 2Lz forbidden. There may be up to two (2) jump combinations or sequences. Jump combinations can contain only two (2) jumps. <u>Only one (1) jump can be repeated. This repetition must be either in a jump combination or in a jump sequence.</u></p> <p>□ □ □ :</p> <p>b) There must be a maximum of two (2) spins as required below, flying entrance is allowed in all spins :</p> <ol style="list-style-type: none"> 1. One of which must be a spin combination 2. One spin in one basic position only (with no change of position). <p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum : - One (1) step sequence with fully utilizing the surface.</p> <p>d) There must be : - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to Level 2 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are only judged in</p> <ul style="list-style-type: none"> • Skating Skills • Performance • Interpretation <p>The Factor of the Program Components is 1.4 Deduction : 0,5 by Fall by Technical Panel</p>
	<p>a) Maximum of five(5) jump elements for ladies and men, One of which must be an Axel type jump. 2Lo, 2F and 2Lz forbidden.</p>

<p>JUNIOR</p> <p>3'15 max</p> <p>Level 3 max</p>	<p>There may be up to three (3) jump combinations or sequences. One jump combinations can contain up to three (3) jumps and the other can contain only two (2) jumps.</p> <p>Only two (2) jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.</p> <p>□ Any single jump cannot be executed more than twice in total</p> <p>□ ;</p> <p>b) There must be a maximum of three (3) spins of a different nature (different name):</p> <p>3. One of which must be a spin combination</p> <p>4. One Flying spin or spin with a flying entrance.</p> <p>5. One spin in one basic position only (with no change of position).</p> <p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum : One (1) step sequence with fully utilizing the surface.</p> <p>d) There must be : - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are on judged in • Skating Skills • Transitions • Performance The factors for the Program Components is 1.4 Deduction : 1.0 by Fall by Technical Panel</p>
<p>SENIOR</p> <p>3'30 max</p> <p>Level 3 max</p>	<p>a) Maximum of six(6) jump elements for ladies and Men, one of which must be an Axel type jump. There may be up to three (3) jump combinations or sequences. Only one (1) Jump combination can contain up to three (3) jumps and the others Jump combinations can contain only two (2) jumps. A same jump with a different number of rotation will count as an other jump.</p> <p>Only two (2) jumps with 2 or more revolutions can be repeated. This repetition must be in a jump combination or in a jump sequence.</p> <p>□ Any single jump cannot be executed more than twice in total</p> <p>□ ;</p> <p>b) There must be a maximum of three (3) spins of a different nature (different name):</p> <p>6. One of which must be a spin combination</p> <p>7. One Flying spin or spin with a flying entrance.</p> <p>8. One spin in one basic position only (with no change of position).</p> <p>Flying entrance and change of foot are allowed for all spins and there must be 4 revolutions per foot in the required positions.</p> <p>c) There must be a maximum : One (1) step sequence with fully utilizing the surface.</p> <p>d) There must be : - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are on judged in • Skating Skills • Transitions • Performance The factors for the Program Components is 1.4 Deduction : 1.0 by Fall by Technical Panel</p>
<p>ADULT Silver A/B</p> <p>2'15 (+/- 10")</p> <p>Level 3 max</p>	<p>a) There must be a maximum of four(4) jump elements. There may be up to two (2) jump combinations or sequences. Only one (1) Jump combination can contain three (3) jumps and the other Jump combination can contain only two (2) jumps.</p> <p>□ Any jump cannot be executed more than twice in total</p> <p>□</p> <p>b) There must be a maximum of two (2) spins on one foot, 3 revolutions per foot.</p> <p>c) Maximum of 1 step sequence fully utilizing the surface ;</p> <p>d) There must be : - A Choreographic Sequence, must fully utilizing the rink surface for a minimum of 15 seconds length. This element is subject to levels.</p> <p>In all elements which are subject to Levels, only features up to Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.</p> <p>The 3 Program Components are on judged in • Skating Skills • Transitions • Performance The factors for the Program Components is 1;4 Deduction : 0,5 by Fall</p>

Prohibited elements (from TP):

- o Any kind of Somersault – deduction (2.0)

B- RECREATIONAL Division (3d Division)

CATEGORIES	PROGRAM LENGHT
Benjamin Has not reached the age of 7 at 01/ 11/ preceding the event	fem and masc: 1'30 (+/- 10")
Debs Has reached the age of 7, but not reached the age of 9 at 01/ 11/ preceding the event	fem and masc: 1'45 (+/- 10")
Cadet Has reached the age of 9, but not reached the age of 11 at 01/ 11/ preceding the event	
Novice Has reached the age of 11, but not reached the age of 13 at 01/ 11/ preceding the event	fem and masc: 2'00 (+/- 10")
Junior Has reached the age of 13, but not reached the age of 17 at 01/ 11/ preceding the event	
Adult A Has reached the age of 17 but not reached the age of 30 at 01/ 11/ preceding the event	fem and masc: 1'30 (+/- 10")
Adult B Has reached the age of 30 at 01/ 11/ preceding the event	fem and masc: 1'30 (+/- 10")

**Half jump will be called as single jumps plus the sign « V1 » corresponding to a special point in the scale of value. No special deduction from the judges
The gliding element will be called ChSq for Recreational and Beginner.**

Time deduction 0,5 per 10 seconds time violation.
Falls : 0,5 points

BASE LEVEL MAX ONLY. FLYING ENTRY IN SPINS FORBIDDEN

THERE MUST BE A MAXIMUM OF :

CATEGORIES	PROGRAM LENGHT	
Benjamin		
	1'30 (+/- 10")	
		- 2 jump(s) blocs : only waltz jump, single salchow, single toe loop, single loop, half flip and half lutz are allowed. (No single axel) One of them can be a jump combination of two(2) jumps max or sequence.
		- 1 <u>upright</u> spin on 1 foot : minimum 2 rotations
		- 1 step sequence of at least half rink - - At least One(1) gliding position held 3s. Level Base max
Debs		
	1'45 (+/- 10")	
		-2 jump blocs, one(1) of them can be a jump combination (of 2 jumps max) / sequence
		Only waltz jump, single salchow, single toe loop, single loop, half flip and half lutz are allowed. (No single axel)
		- 1 <u>upright</u> spin on 1 foot, minimum 2 rotations
		- 1 step sequence of at least half rink minimum - -At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between. Level Base max
Cadet		
	1'45 (+/- 10")	

		-3 jump blocs, one(1) of them can be a jump combination (of 2 jumps max) / jump sequence. <u>Single Lutz and Axel and double jumps prohibited.</u>
		Only 1 jump can be repeated in combination or sequence.
		-1 spin (minimum 2 rotations)
		-1 step sequence (half rink minimum) -At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between. Level Base max
Novice		
	2'00 (+/- 10")	-4 jump blocs, two(2) of them can be jump combinations (of 2 jumps max) / jump sequence <u>Single Axel and double jumps prohibited.</u>
		Only 1 jump can be repeated in combination or sequence
		-1 spin (minimum 2 rotations)
		-1 step sequence (half rink minimum) - At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between. Level Base max
Junior		
	2'00 (+/- 10")	-4 jump blocs, two(2) of them can be jump combinations (of 2 jumps max) / jump sequence <u>Single Axel and double jumps prohibited.</u>
		Only 1 jump can be repeated in combination or sequence
		-2 spins (minimum 2 rotations)
		-1 step sequence (half rink minimum) - At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between. Level Base max
Adult A & B		
	1'30 (+/- 10")	
		-4 jump blocs
		only waltz jump, single salchow, single toe loop, single loop, half flip and half lutz are allowed. (No single axel. One of them can be a jump combination of two(2) jumps max or sequence.
		1 upright spin in 1 or 2 feet (minimum 2 rotations) -1 step sequence (half rink minimum) - At least Two(2) gliding skating positions in a row held 3s each. At least one must be on one(1) foot. No listed elements between.
		Level Base max

Prohibited elements:

- o Any kind of Somersault – deduction (2.0)

Judgment of the RECREATIONAL Division (3d division)

There must be at least 2 judges, one of them will take as well the Referee spot. At least 1 of them must be a WIFSA judge and officiate as Referee.

There must be at least 1 System Operator/Data, and 1 Controller in the technical panel.

- If there is no computer for the judges, judges sheets are collected after each skater and given to the accountant. The results are announced with a delay of 1 skater.

From technical panel :

- for Falls (0,5),
- wrong element not according to requirement (0,5),
- illegal element (0,5).

The trimmed mean of each Program Component (rounded to two decimal places) will be made by the System Operator. The component score is multiplied by a **factor of 2,0**. The sum of the component score give the total score. The higher total score is placed first, ...

- **Skating Skills:** Balance, flow, power, glide, sureness, quality edges, steps, turns, control, multi directional one foot skating; variety, quality and **competency** of the program's content
- **Performance:** Ability to project physically, emotionally and intellectually, demonstrating a unified purpose. Delivery of quality, clarity and precision of movement, in harmony with the music.

- **Interpretation:** Ability to translate the understanding of the music, with finesse in the manipulation of the nuances, delivery with genuine feeling, expression, and interpretive unison.

C- BEGINNERS Division (4th Division)

CATEGORIES	PROGRAM LENGHT	Program Content
Benjamin Has not reached the age of 9 at 01/11/ preceding the event	fem and masc: 1'00 (+/- 10")	Free content - Only half rotation jumps are allowed - Only upright spins are allowed on 1 or 2 feet
Cadet Has reached the age of 9, but not reached the age of 12 at 01/11/ preceding the event	fem and masc: 1'30 (+/- 10")	<u>Any listed jump of more than 1/2 rotation will be counted like an illegal element and therefore No Value plus a deduction of -2 points.</u>
Junior Has reached the age of 12, but not reached the age of 15 at 01/ 11/ preceding the event	fem and masc: 1'30 (+/- 10")	Free content - Maximum Single salshow, single toe and all half jumps are allowed - Only upright spins are allowed on 1 or 2 feet
Senior Has reached the age of 15, but not reached the age of 21 at 01/11/ preceding the event	fem and masc: 1'30 (+/- 10")	<u>Any listed jump not fulfilling the requirement will be counted like an illegal element and therefore No Value plus a deduction of -2</u>
Adult Has reached the age of 21 at 01/ 11/ preceding the event	fem and masc: 1'15 (+/- 10")	Free content - Only half rotation jumps are allowed - Only upright spins are allowed on 1 or 2 feet <u>Any listed jump of more than 1/2 rotation will be counted like an illegal element and therefore No Value plus a deduction of -2 points.</u>

Prohibited elements:

- o Any kind of Somersault – deduction (2.0)

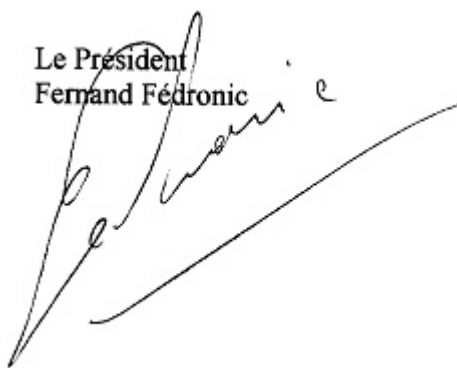
Judgment of the BEGINERS Division

NO TECHNICAL PANEL, NO CALLING OF ELEMENTS

There must be at least 2 judges.

- All categories will be judged using 3 component scores only (0-10), Skating Skills, Performance and Interpretation.
- No GOE's and levels will be assigned.
- The trimmed mean of each Program Component (rounded to two decimal places) will be made by the system operator. The component score is multiplied by a **factor of 2,5**. The sum of the component score give the total score. The higher total score is placed first, ...
- The Referee validate the deductions :
Falls, timing, music is 0,5 point each,
Illegal element 0,5 point.
- **Skating Skills:** Balance, flow, power, glide, sureness, quality edges, steps, turns, control, multi directional one foot skating; variety, quality and **competency** of the program's content
- **Performance:** Ability to project physically, emotionally and intellectually, demonstrating a unified purpose. Delivery of quality, clarity and precision of movement, in harmony with the music.
- **Interpretation:** Ability to translate the understanding of the music, with finesse in the manipulation of the nuances, delivery with genuine feeling, expression, and interpretive unison.

Le Président
Fernand Fédrone

A handwritten signature in black ink, appearing to read 'F. Fédrone', is written over the printed name. The signature is fluid and cursive, with a long horizontal stroke extending to the right.